



Course	Video Analysis for GAA Coaches
Certification	Level 4 Applied Performance Analysis with Coaching
Cost	€130 per person + option to apply for Level 4 CPPD accreditation €110
Duration	4 weeks (10 hours)
Starts	Autumn Term: Oct-Nov approx. (subject to numbers)
Runs on	Tuesdays – 2.5 hours per evening
Description	<p>Introduction</p> <p>An informative 'hands-on' performance analysis course developed by Ulster University and leading GAA Analysis company Performa Sports. The course combines theory, best practice and practical learning applied to the coaching process. In addition to technical and tactical analysis, we cover the core aspects of athlete learning and equivalent forms of teaching/coaching.</p> <p>Optional – apply for Level 4 CPPD accreditation</p> <p>This course also offers the flexibility to apply for a Level 4 CPPD accreditation (worth 5 CPPD credits) from Ulster University. This is based on a practical assignment outside of the scheduled 10 hours above where you put into practice the key learning from the course.</p> <p>What is CPPD?</p> <p>The Certificate for Personal and Professional Development (CPPD) is a framework within Ulster University with a range of short courses of study which can be undertaken at any stage in life, regardless of prior qualifications. You can study small courses that can be built up to achieve an award (60 credits in total) from the University.</p> <p>Course Content</p> <ul style="list-style-type: none">• Welcome and course introduction• Principles and theory of analysis• Observation, communication and learning styles• Identifying and defining key performance indicators for GAA• Performa Sports software set up• Live game tagging and post-game tagging• Stats v Video• Understanding your players• Relating analysis to the 'Pillars of Performance'• Filming and video perspectives• Managing the analysis process

	<ul style="list-style-type: none">• Needs Analysis• Data analysis, presentation and feedback• Optional - Assignment briefing and best practice
Equipment Required	If you have access to an iPad please bring this with you. Training iPads will also be available
Other	You will gain 60-days free access to the Performa Sports iPad app